January - March (Q1)

**New Year's Resolutions and Goal Setting:**

* Activities: Setting personal and professional goals for the year.
* Decisions: Prioritizing goals, planning actions to achieve them.

**Winter Activities:**

* Activities: Cold-weather sports, indoor hobbies.
* Decisions: Planning vacations, family activities.

Yearly Value Stream

 **Career Reflection:**

* Activities: Performance reviews, career assessments.
* Decisions: Career changes, promotions, professional goals for the next year.



**Fall Activities:**

* Activities: Harvest festivals, Halloween, fall foliage.
* Decisions: Holiday planning, gift shopping.

 **Summer Vacation:**

* Activities: Traveling, beach trips, outdoor adventures.
* Decisions: Destination choices, itinerary planning.



**Fitness and Recreation:**

* Activities: Sports, hiking, biking.
* Decisions: Fitness goals, training regimes.

October - December (Q4)

July - September (Q3)

**Family and Social Events:**

* Activities: Celebrating holidays (Easter, Passover), family gatherings.
* Decisions: Travel plans, hosting events.

**Spring Renewal:**

* Activities: Outdoor activities, gardening, spring cleaning.
* Decisions: Home improvement projects, outdoor excursions.

April - June (Q2)

**Holiday Season:**

* Activities: Thanksgiving, Christmas, New Year's Eve celebrations.
* Decisions: Travel plans, family traditions, resolutions for the upcoming year.

**Financial Planning:**

* Activities: Reviewing investments, tax preparation.
* Decisions: Budgeting, savings goals, retirement planning.

**Financial Planning:**

* Activities: Reviewing investments, tax preparation.
* Decisions: Budgeting, savings goals, retirement planning.

**Professional Development:**

* Activities: Attending conferences, workshops, training.
* Decisions: Career advancement strategies, skill development.